FORM 3

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

OMB Number: 32350104

Estimated average burden hours per response: 0.5

## INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*		2. Dat Requi State	J	3. Issuer Name and Ticker or Trading Symbol  SHEFFIELD PHARMACEUTICALS INC [ SFPH ]					
RUDICK A JOSEPH			onth/Day/Year) 0/31/2006	4. Relationship of Replace		orting Person(s) to		5. If Amendment, Date of Original Filed (Month/Day/Year)	
(Last) (First) C/O 3985 RESEARCH DRIVE	(Middle)	_		(Check all applicable)  X Director  Officer (give title below)	10% ( Other (speci below	fy	(Check Applica X Form file Reportin		by One
(Street) ANN ARBOR  (City) (State)	48108 (Zip)	_							ting Person
Table I - Non-Derivative Securities Beneficially Owned									
1. Title of Security (Instr. 4)				2. Amount of Securitie Beneficially Owned (Instr. 4)	Form: I (D) or Indired	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		4. Nature of Indirect Beneficial Ownership (Instr. 5)	
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)									
1. Title of Derivative Security 2 Instr. 4)		Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conver or Exer	sion cise	se Form:	6. Nature of Indirect Beneficial
	Da Exe	te ercisable	Expiration Date	Title	Amount or Number of Shares	Price of Derivative Security		Direct (D) or Indirect (I) (Instr. 5)	Ownership (Instr. 5)
Stock Option	06/	/01/2005	05/30/2015	Common Stock	426,936	0.0	3	D	
Stock Option		(1)	11/26/2016	Common Stock	345,618	0.03	3	D	

## Explanation of Responses:

 $1.\ Vests\ in\ one-third\ increments\ over\ three\ years\ begining\ on\ November\ 27,\ 2006.$ 

/s/ A. Joseph Rudick, M.D.

11/27/2006

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.