FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| OMB APPROVAL | | | | | | | | | | |
|-------------------------|-----------|--|--|--|--|--|--|--|--|--|
| OMB Number: | 3235-0287 | | | | | | | | | |
| Estimated average burde | n | | | | | | | | | |
| hours per response: | 0.5 | | | | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person* Consulfored Niceals | | | | | | 2. Issuer Name and Ticker or Trading Symbol Aspira Women's Health Inc. [AWH] | | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | | | | |
|--|---|--|-------|----------------------------------|---|--|--------|-----|---|-------------------|---|---|--|---|--|---|---|---|--|--|
| Sandford Nicole | | | | | Aprila Women's Health Inc. [AWN] | | | | | | | | _ X | Director | | | 10% Ov | /ner | | |
| (Last) | (First) | (Mic | ddle) | | 3. Date of Earliest Transaction (Month/Day/Year) 10/03/2022 | | | | | | | X | Officer (g below) | | | Other (s | pecify | | | |
| 12117 BEE C | | | | | | | | | | President and CEO | | | | | | | | | | |
| STE 100 | | | | | | | | | 6 | | | | | | | | | | | |
| | | | | | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | 6. Individual or Joint/Group Filing (Check Applicable Line) | | | | | | |
| (Street) | | | | | | | | | | | | | X | Form file | d by One | Report | ing Persor | ı | | |
| AUSTIN | TX | 787 | 738 | | | | | | | | | | | Form filed by More than One Reporting Person | | | | ting | | |
| (City) | (State) |) (Zip |) | | | | | | | | | | | | | | | | | |
| | | Table I - I | lon-D | erivati | ve Se | cur | ities | Acq | uired, | Dis | sposed o | f, or Be | neficia | lly Own | ed | | | | | |
| 1. Title of Security (Instr. 3) 2. Transact Date (Month/Date) | | | | | | Exec | • | | 3. Transaction Code (Instr. 8) | | 4. Securities Acquired (A) o Disposed Of(D) (Instr. 3, 4 | | | 5. Amount Securities Beneficially Following | | Form: Direct (D) or Indirect (I) (Instr. 4) | | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | |
| | | | | | | | | | Code | v | Amount | (A) or (D) | Price | Reported Transaction (Instr. 3 and | | | | | | |
| | | Table I | | | | | | • | - | • | osed of, onverti | | | - | d | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | any | med on Date, if /Day/Year) | Date, if Transact | | ion of | | 6. Date Ex Expiration (Month/D | n Date | • | 7. Title and of Securitie Underlying Derivative 9 (Instr. 3 and | s Security | 8. Price of Derivative Security (Instr. 5) | 9. Numb derivati Securiti Benefici Owned Followi Reporte Transac (Instr. 4 | ive ies ially ng ed tion(s) | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4 | Beneficial Ownership t (Instr. 4) | | |
| | | | | | Code | v | (A) | (D) | Date Exercisab | | Expiration Date | Title | Amount or Number of Shares | | | | | | | |
| EMPLOYEE STOCK OPTION(RIGHT TO BUY) | \$0.3801 | 10/03/2022 | | | А | | 5,000 | | 10/31/20 |)22 | 10/03/2032 | COMMON STOCK | 5,000 | \$0 | 5,00 | 00 | D | | | |

Explanation of Responses:

/s/ Nicole Sandford

10/03/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).